



Welcome to OLS Athletics

A letter from the Athletics Director

To all new and returning families, it is my pleasure to welcome you to the 2016-17 OLS athletics school year. We look forward to our many exciting athletic events this fall and throughout the year as our Crusaders student-athletes engage in exciting contests against other GIL schools.

The OLS Athletics Department holds the philosophy that the athlete's most important tasks are pursuit of personal growth through academic work and team experiences. The department strives to maintain an outstanding athletics program conducted in a manner that sets an example for good sportsmanship.

Our OLS Athletic Program continues to be extremely successful in its very important fund raising activities each year. We host four fundraising sport events each year, whose proceeds allow us to continue to be proud to be one of the few catholic schools that offer a free sports program. Our biggest fundraising event is our very own February Frenzy Basketball Tournament, which you will hear more about in the near future. However, the only way we have been successful is through the efforts of our family volunteers, year over year. **All sport parents are required to volunteer at our sports events.**

I welcome all students to participate in our interscholastic sports programs. Sports are an excellent way to grow emotionally as an individual. To learn more about our sports program or to register your child on-line please check us out—on the OLS School website and on the sidelines - and see what we have to offer. To register on-line please visit <http://ourladyofsorrowsschool.org/sports/>. You can also register using the enclosed form.

Finally, want to show your school pride at games and around town? OLS Athletic apparel lets you show your spirit in style. We have items available for everyone in the family. Don't forget to place your order now in order to get your items in time for our first meet and games of the season (order form enclosed).

If you have any questions you can contact us at olsathletics@gmail.com.

Go Crusaders!!

Jonathan Benjamin
Athletics Director