

OLS Cross Country Continued Strong Season at Holy Trinity

Mountainside – Sunday, October 15th

Showing no sign of a let-down, OLS continued a strong season with another seven medals, highlighted by three top three-performances.

Maudie Grace Lomuscio grabbed her third straight medal with an 11th place in the opening Girls 3rd & 4th Grade race. The boys followed with their strongest performance of the season – Joe Schmidt in 3rd, Fionn Tynan in 6th and Christopher Schmidt in 12th.

Emma Torres had yet another career best with a 3rd in the Girls 5th & 6th race while Halle Jules stunned the OLS crowd with a 9th place finish!

The scoring closed with Jared Edwards' 3rd place finish in the Boys 7th & 8th race. Once the top four broke off from the rest of the pack they maintained a furious pace until separating in the last quarter mile.

Not all efforts resulted in medals but they were worthy of notice. Angelica Ciuffo, Isabel Sabnekar and Christina Paul made strong efforts in the Girls 3rd & 4th race while Alfonso Dunmeyer and Brendan McKeon finished in the first half of the Boys' race. Ciara McKeon, Molly Donohue, Gwen Oakley and Caroline Schmidt completed the team's strong performance in the Girls 5th & 6th race. Tyler Craig in his first season has made continual progress at the 5th & 6th level followed Aryan Sabnekar and Declan Tynan.

Fun Runners Peter Dio, Bella Borde, Mary Kola and Mia Seron impressed the crowd and had strong finishes in the 2nd grade and under division.

The team travels to Bernardsville for the annual Saint Elizabeth Invitational on Friday.

OLS Hosted 18th Annual Fall Classic, Finishing Fourth

Flood's Hill, South Orange – Saturday, October 7th

On a day far more suitable for the beach, sixteen teams gathered at Flood's Hill in South Orange to contest the Fall Classic sponsored by Our Lady of Sorrows school. When it was over Assumption of Morristown claimed the victory, followed by Saint Elizabeth and a new team, Saint Matthias. OLS' fourth was their best performance in many years.

For the home team the 3rd & 4th grade boys wasted no in scoring. Joe Schmidt led the squad with his 3rd place, followed by Alfonso Dunmeyer in 11th and Christopher Schmidt in 12th. Brendan McKeown was a solid 20th. All of these boys are 3rd graders except for 2nd grader Christopher!

Maudie Grace Lomuscio had a score to settle after falling down twice last week and she did it, taking 4th in the 3rd & 4th girls race, only a few seconds behind the winner. Angelica Ciuffo finished 19th in only her second race. Isabel Sabnekar and Christina Paul completed the scoring.

The 5th & 6th grade boys with Tyler Craig, Aryan Sabnekar and Declan Tynan performed well beyond expectations although they did not score. For the girls Emma Torres added another strong performance with a 6th place finish while Halle Jules placed 13th in her first race of the season. Ciara McKeown, Molly Donohue, Gwen Oakley and Caroline Schmidt finished strongly.

OLS' final race of the day was very competitive with five runners in contention for two of the three laps before the field broke apart. Jared Edwards finished 4th while Sergio Marion made tremendous improvement to finish in the middle of the pack.

On Sunday, the team travels to Mountainside to compete in the annual Holy Trinity Meet.

OLS Opens Cross Country at the 21st Assumption Meet!

September 29th, Loantaka Park

The small team from OLS opened the season by scoring impressively in three of the six races held that day with three top five finishers and one top ten finisher in a field of sixteen schools. Sorrows finished sixth, a little off last year's pace due to graduation of two of our best runners but this will be soon corrected.

The scoring opened with the 3rd grade boys when Joe Schmidt picked up two places in the last 150 yards to place 2nd, just two seconds behind the winner. He was followed by 2nd grader Chris Schmidt in 8th. Emma Torres took 5th in the Girls 5th & 6th Division in what was probably her best cross country performance ever while 7th grader Jared Edwards ran 4th in the fastest race of the day, the Boys 7th & 8th.

Sorrows had two medalists who just missed scoring. Maudie-Grace Lomuscio's 11th place in the Girls 4th Grade race was not even two seconds behind the scorers, despite her fall in the middle of the race. Brendan McKeown finished 11th also, just 1.1 seconds out of scoring!

There were other impressive beginnings, too. Angelica Ciuffo in her first race placed 16th in the 3rd Grade race. Christina Paul finished strongly in the same race. Watch for them to improve rapidly. Isabel Sabnekar got a little too close to nature when she fell over tree roots but she picked herself up and finished 17th in the Girls 4th Grade race. Molly Donohue proved how fast the 2017 races were compared to last year by running 30 seconds faster but a couple of places farther behind. Wrapping up the team effort were Tyler Craig who finished in the middle of the Boyd 5th & 6th pack in his first race ever, Aryan Sabnekar, Sergio Marian and Declan Tynan.

With the 19th Annual OLS Fall Festival this coming weekend and with the arrival of a few key runners, the team is expected to be entering its prime just in time for the 19th Annual OLS Fall Festival on Saturday, October 7th at Flood's Hill in South Orange.