

## **OLS Cross Country Ends Season on a Hopeful Note**

**Oakridge Park, Clark – Saturday, November 4<sup>th</sup>**

Fielding one of the youngest teams in the league the OLS cross country entered the league Varsity and Junior Varsity Championships, grabbed five medals and proved that this team will be a factor in 2018.

The meet opened with the Girls JV for the 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grades racing over a 1.4 mile course, almost twice the distance the 3<sup>rd</sup> and 4<sup>th</sup> graders ran all season. Maudie Grace Lomuscio, a 4<sup>th</sup> grader, captured 10<sup>th</sup> and was followed by 4<sup>th</sup> grader Isabel Sabnekar, Angelica Ciuffo and Christina Paul, both 3<sup>rd</sup> graders. The Boys JV followed with 3<sup>rd</sup> grader Joseph Schmidt placing 10<sup>th</sup> and 4<sup>th</sup> grader Fionn Tynan, 11<sup>th</sup>. Alfonso Dunmeyer, another 3<sup>rd</sup> grader would have finished in the medals but he took a fall during the race and later helped another boy from another team who fell!

The Varsity races included the 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grades and covered a 1.8 course which was a little long for the 7<sup>th</sup> & 8<sup>th</sup> graders but more than a half-mile longer for the 5<sup>th</sup> and 6<sup>th</sup> graders. Emma Torres finished 7<sup>th</sup> with Halle Jules not far behind while Molly Donahue, Caroline Schmidt and Gwen Oakley took to the longer distance without difficulty. All of the girls are 6<sup>th</sup> graders. The boys had one 7<sup>th</sup> grader, Jared Edwards, who finished a solid 4<sup>th</sup> while 6<sup>th</sup> graders Tyler Craig, Aryan Sabnekar and Declan Tynan handled the longer course convincingly.

And so, the team ended the season with a record 38 medals which was 7 more than the previous record. Jared Edwards, Emma Torres and Joseph Schmidt qualified for the All League first team. Maudie Grace Lomuscio, Fionn Tynan and Christopher Schmidt made the 2<sup>nd</sup> team, another team record.

The entire team returns next year!

## **OLS Cross Country Shatters Team Record at Saint Mary's Prep Meet**

**Loantaka Park, Morristown – Saturday, October 28<sup>th</sup>**

The OLS cross country team rebounded from their performance the previous week, capturing a season high eight medals and setting a new team record of thirty-seven medals with a week to go.

Again, Maudie Grace Lomuscio led off with a 14<sup>th</sup> place, followed closely by Isabel Sabnekar in 17<sup>th</sup> in the opening race for the 3<sup>rd</sup> & 4<sup>th</sup> grade girls. Christina Paul demonstrated once again tremendous determination with her strong finish. The boys were even more impressive with Joe Schmidt finishing 6<sup>th</sup>, Fionn Tynan 12<sup>th</sup>, Alfonso Dunmeyer 14<sup>th</sup>, Chris Schmidt 15<sup>th</sup> and Brendan McKeon 25<sup>th</sup>.

Emma Torres picked up a 6<sup>th</sup> place and Halle Jules in her season best took 8<sup>th</sup> place in the 5<sup>th</sup> & 6<sup>th</sup> race. Caroline Schmidt ran her best race of the year, just ahead of Ciara McKeon. Molly Donohue and Gwen Oakley completed the team.

In the most competitive race of the day, the Boys 7<sup>th</sup> & 8<sup>th</sup>, Jared Edwards finished a solid 4<sup>th</sup>.

## **OLS Cross Country Nears Team Record with Performance at Saint Elizabeth**

**Natirir Park, Peapack – Friday, October 20<sup>th</sup>**

Despite an off day, the OLS cross country team gained five medals as they moved closer to the team record of thirty-one medals, set just last year, with two meets to go. The Saint Elizabeth Meet drew fifteen schools.

Maudie Grace Lomuscio grabbed her fourth straight medal of the season with her 12<sup>th</sup> place finish in the race for 3<sup>rd</sup> & 4<sup>th</sup> graders. Isabel Sabnekar was 20<sup>th</sup> and she was followed by Angelica Ciuffo. Emma Torres solidified her position as one of the leading harriers in the league with her 7<sup>th</sup> place finish at the 5<sup>th</sup> & 6<sup>th</sup> level. Halle Jules in 21st, Ciara McKeon, Molly Donohue and Gwen Oakley, all completed the mile and a quarter course.

Joe Schmidt and Fionn Tynan led the Boys 3<sup>rd</sup> & 4<sup>th</sup> with 6<sup>th</sup> and 12<sup>th</sup> place finishes. Alfonso Dunmeyer and Brendan McKeon finished strongly. Tyler Craig, Aryan Sabnekar and Declan Tynan represented OLS at the 5<sup>th</sup> & 6<sup>th</sup> grade level with Tyler finishing in the middle of the pack. Jared Edwards scored the final points with a 6<sup>th</sup> in the 7<sup>th</sup> & 8<sup>th</sup> Boys race.

With two meets to go Joe Schmidt, Emma Torres and Jared Edwards have already qualified for First Team All-League honors and Maudie Grace Lomuscio has qualified for Second Team honors. The team needs only seven more medals to break the team record.

Next week, the team will compete at Loantaka Park where Saint Mary's Prep will host the Halloween Meet.

## **OLS Cross Country Continued Strong Season at Holy Trinity**

**Mountainside – Sunday, October 15<sup>th</sup>**

Showing no sign of a let-down, OLS continued a strong season with another seven medals, highlighted by three top three-performances.

Maudie Grace Lomuscio grabbed her third straight medal with an 11<sup>th</sup> place in the opening Girls 3<sup>rd</sup> & 4<sup>th</sup> Grade race. The boys followed with their strongest performance of the season – Joe Schmidt in 3<sup>rd</sup>, Fionn Tynan in 6<sup>th</sup> and Christopher Schmidt in 12<sup>th</sup>. Add Alfonso Dunmeyer and Brendan McKeon, who just missed medals, and OLS is looking at the best 3<sup>rd</sup> & 4<sup>th</sup> Grade team in the league next year!

Emma Torres had yet another career best with a 3<sup>rd</sup> in the Girls 5<sup>th</sup> & 6<sup>th</sup> race while Halle Jules stunned the OLS crowd with a 9<sup>th</sup> place finish, just a week after claiming her best performance with a 13<sup>th</sup> place!

The scoring closed with Jared Edwards' 3<sup>rd</sup> place finish in the Boys 7<sup>th</sup> & 8<sup>th</sup> race. Once again the top four broke off from the rest of the pack and maintained a furious pace until separating in the last quarter mile.

Not all efforts resulted in medals but they were worthy of notice. Angelica Ciuffo, Isabel Sabnekar and Christina Paul made strong efforts in the Girls 3<sup>rd</sup> & 4<sup>th</sup> race. Ciara McKeon, Molly Donohue, Gwen Oakley and Caroline McKeon completed the team's strong performance in the Girls 5<sup>th</sup> & 6<sup>th</sup> race. Tyler Craig in his first season has made continual progress at the 5<sup>th</sup> & 6<sup>th</sup> level followed Aryan Sabnekar and Declan Tynan.

The team travels to Bernardsville for the annual Saint Elizabeth Invitational.

## **OLS Hosted 18<sup>th</sup> Annual Fall Classic, Finishing Fourth**

**Flood's Hill, South Orange – Saturday, October 7<sup>th</sup>**

On a day far more suitable for the beach, sixteen teams gathered at Flood's Hill in South Orange to contest the Fall Classic sponsored by Our Lady of Sorrows school. When it was over Assumption of Morristown claimed the victory, followed by Saint Elizabeth and a new team, Saint Matthias. OLS' fourth was their best performance in many years.

For the home team the 3<sup>rd</sup> & 4<sup>th</sup> grade boys wasted no in scoring. Joe Schmidt led the squad with his 3<sup>rd</sup> place, followed by Alfonso Dunmeyer in 11<sup>th</sup> and Christopher Schmidt in 12<sup>th</sup>. Brendan McKeown was a solid 20<sup>th</sup>. All of these boys are 3<sup>rd</sup> graders except for 2<sup>nd</sup> grader Christopher!

Maudie Grace Lomuscio had a score to settle after falling down twice last week and she did it, taking 4<sup>th</sup> in the 3<sup>rd</sup> & 4<sup>th</sup> girls race, only a few seconds behind the winner. Angelica Ciuffo finished 19<sup>th</sup> in only her second race. Isabel Sabnekar and Christina Paul completed the scoring.

The 5<sup>th</sup> & 6<sup>th</sup> grade boys with Tyler Craig, Aryan Sabnekar and Declan Tynan performed well beyond expectations although they did not score. For the girls Emma Torres added another strong performance with a 6<sup>th</sup> place finish while Halle Jules placed 13<sup>th</sup> in her first race of the season. Ciara McKeown, Molly Donohue, Gwen Oakley and Caroline Schmidt finished strongly.

OLS' final race of the day was very competitive with five runners in contention for two of the three laps before the field broke apart. Jared Edwards finished 4<sup>th</sup> while Sergio Marion made tremendous improvement to finish in the middle of the pack.

On Sunday, the team travels to Mountainside to compete in the annual Holy Trinity Meet.

## **OLS Opens Cross Country at the 21<sup>st</sup> Assumption Meet!**

**September 29<sup>th</sup>, Loantaka Park**

The small team from OLS opened the season by scoring impressively in three of the six races held that day with three top five finishers and one top ten finisher in a field of sixteen schools. Sorrows finished sixth, a little off last year's pace due to graduation of two of our best runners but this will be soon corrected.

The scoring opened with the 3<sup>rd</sup> grade boys when Joe Schmidt picked up two places in the last 150 yards to place 2<sup>nd</sup>, just two seconds behind the winner. He was followed by 2<sup>nd</sup> grader Chris Schmidt in 8<sup>th</sup>. Emma Torres took 5<sup>th</sup> in the Girls 5<sup>th</sup> & 6<sup>th</sup> Division in what was probably her best cross country performance ever while 7<sup>th</sup> grader Jared Edwards ran 4<sup>th</sup> in the fastest race of the day, the Boys 7<sup>th</sup> & 8<sup>th</sup>.

Sorrows had two medalists who just missed scoring. Maudie-Grace Lomuscio's 11<sup>th</sup> place in the Girls 4<sup>th</sup> Grade race was not even two seconds behind the scorers, despite her fall in the middle of the race. Brendan McKeown finished 11<sup>th</sup> also, just 1.1 seconds out of scoring!

There were other impressive beginnings, too. Angelica Ciuffo in her first race placed 16<sup>th</sup> in the 3<sup>rd</sup> Grade race. Christina Paul finished strongly in the same race. Watch for them to improve rapidly. Isabel Sabnekar got a little too close to nature when she fell over tree roots but she picked herself up and finished 17<sup>th</sup> in the Girls 4<sup>th</sup> Grade race. Molly Donohue proved how fast the 2017 races were compared to last year by running 30 seconds faster but a couple of places farther behind. Wrapping up the team effort were Tyler Craig who finished in the middle of the Boyd 5<sup>th</sup> & 6<sup>th</sup> pack in his first race ever, Aryan Sabnekar, Sergio Marian and Declan Tynan.

With the 19<sup>th</sup> Annual OLS Fall Festival this coming weekend and with the arrival of a few key runners, the team is expected to be entering its prime just in time for the 19<sup>th</sup> Annual OLS Fall Festival on Saturday, October 7<sup>th</sup> at Flood's Hill in South Orange.